



# EVOLIBRI

Services for Neurodiverse  
Teens and Adults

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## TALK THAT TALK

A social skills class *like no other!*

*If your teenager is tired of the same old programs, but still has some room to learn new communication skills, why not join us for our new offering – **Talk That Talk**. This fun, entertaining, and educational group is all about learning core communication skills that we all need to be successful in the world at large, and is based on both social learning instruction and professional communication skills taught in business. This class is appropriate for teens with social shyness/phobia, higher functioning Asperger's Syndrome, and related social challenges.*

Another social skills class...sound boring? Nope! We'll be using a variety of materials and modalities to thoroughly engage our students, ranging from the funny to the odd to the downright wacky. We'll be using excerpts from *George Washington's Rules of Civility & Decent Behaviour In Company and Conversation* to learn why 'rules of civility' are important socially and culturally, watching excerpts from *Family Guy* and contemporary movies to learn to read social cues, playing *What's My Line* to learn how to ask appropriate questions, *Speed Dial Telephone* to learn to listening skills, *Gorillas and Fairies* to learn voice modulation, and much, much more. Starts Wednesday, September 22<sup>nd</sup>. **Ages 14-19.**

### **Talk That Talk Group Methodology**

- ❖ **Group Formation** – Part of the strength of group work is the group itself. Adolescents are highly susceptible to peer pressure, and groups play on this dynamic in a positive way – by creating affiliation, connection, and commitment to others.
- ❖ **Breadth and Depth** – Participants will work on a variety of higher-level social skills such as inference, reciprocity, body language, and perspective-taking.
- ❖ **Multiple Modalities** – Because we are capable of learning through various senses, lessons are taught using a variety of modalities: lecture/conversation, reading/watching, acting/playing.

- ❖ **Engagement** – At the end of each session, members will be given the task to contact another member in the group. This could be ‘friending’ someone on Facebook, texting each other about cheats on a video game or going out to see a movie together. Dyads are rotated each session, and individuals will be encouraged to discover more about the other person during their paired turn. The purpose of this exercise is to stretch social skills with a variety of people, and to discover and develop the different types of connection we may have with other people.

**Registration:** All registration materials and prepayment must be received at EvoLibri no later than September 15<sup>th</sup> to secure enrollment – registration is first come, first served.

**Where:** All sessions @ EvoLibri

**When:** Wednesdays, 5 pm-7 pm, Starting September 22

**Cost:** \$500 for 6 sessions (*12 instructional hours*)

**Max Enrollment:** 10

Student’s Name:		Age:	Email:
Address:		Diagnosis/Needs:	
Phone:	Cell		
Mother’s Name:		Ph:	Restrictions/Limitations/Allergies:
Father’s Name:		Ph:	
<input type="checkbox"/> Check (made payable to EvoLibri)			
<input type="checkbox"/> Visa/MC Card Number: _____		Exp Date: _____	
Name on Card: _____		Zip Code: _____	

Please return to EvoLibri, 111 W. Evelyn Ave, Ste. 119, Sunnyvale, CA 94086