



EVOLIBRI

Neurodiversity &
Career Counseling

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Positively Hireable!

Group Workshop

Starting in September 2009, EvoLibri will be starting a new vocational and job skills workshop aimed at getting neurodiverse teens and young adults ready for the workplace, for paid or volunteer work. This instructive, fun and interactive **ten-week** program (90 minutes each session) will teach lifelong employment skills that everyone needs to be successful through his/her working life, as well as provide a supportive and corrective environment for looking for a job. Led by Jan Johnston-Tyler, MA, this workshop will help young adults get – and keep – a job!

Positively Hireable! Activities

- ❖ **Discovering the Right Job Fit** – Why is environment important? What will work for you? Outdoors, or in an office? Alone or in teams? How to learn more about different jobs through informational interviews, developing contacts, and more.
- ❖ **Getting Ready** – Building a resume, making your own business cards, self-employment, developing a professionally-acceptable online presence, dressing for an interview, gathering references, developing your elevator pitch.
- ❖ **Learning the Hiring Process** – Finding the right job opportunities for your skills and personality; where to look for jobs, how to develop – and execute – a job plan. Pre-employment testing and screening, and a discussion on what to disclose and when.
- ❖ **Starting and Excelling in a New Job** – What to expect on the first day, what forms you'll fill out, how to find your way around, and how to connect with your new co-workers.
- ❖ **Networking** – Learn the fine art of networking – necessary to grow any career!
- ❖ **Practice, practice, practice!** – Practice cold calling, interviewing, 'water cooler chat', asking relevant questions, and more.

When: Tuesdays, 10:00-11:30 am (starting September 14th, 2009)

Where: EvoLibri, 719 Colorado Ave., Palo Alto CA

Cost: \$500

Max Enrollment: 10

The Theory Behind Positively Hireable!

Beyond an instructional job development workshop for teens and young adults, Positively Hireable! adds two key elements that all neurodiverse teens and young adults need to be successful post high-school – accountability and structure. For example, the starting time has been specifically chosen so that participants will begin to learn to get up and out earlier in the day than many are used to. Tuesday has been selected because it is early enough in the week to set the stage for continued enthusiasm for the remainder of the week, but not on Monday which is too easy to ‘blow off’ after the weekend.

Additionally, this group will rely on group accountability – each member will both check in on progress, and will offer support as well as constructive criticism to others, much in the format of Weight Watchers. Further, the leader will facilitate ongoing development of social skills, anxiety reduction, and interpersonal connection among group members.

Jan Johnston-Tyler, MA – Leader/Instructor

Principal, EvoLibri

Twenty-six years after earning her BA in English from UC Berkeley (and after 20 years in high-tech management), Jan Johnston-Tyler earned her MA in Counseling from Santa Clara University with an emphasis on Career Development, and immediately opened EvoLibri – a unique counseling and consulting firm with the mission of providing and promoting end-to-end services for the Bay Area’s neurodiverse teens and adults. Jan has significant experience in recruiting, sourcing, and hiring, as well as extensive experience in career transitions. Additionally, she understands the unique situation her neurodiverse clients are in – needing creative or intellectually-stimulating jobs in lower-stress environments.

About EvoLibri

Along with providing direct habilitation, career/vocational, post-secondary education and transition assessment and counseling services, EvoLibri provides social groups and training for this population, and actively promotes programs offered by other specialists in an effort to best serve the community as a whole. EvoLibri’s principal, Jan Johnston-Tyler, is published both in books and in professional journals, has produced four psychoeducational DVDs on Neurodiveristy and frequently speaks about hidden disabilities and neurodiversity in educational, non-profit, agency, and professional settings.

Questions? Ask Us! info@evolibri.com