



EVOLIBRI

Services for Neurodiverse
Teens and Adults

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Introducing...Club Engaged

This group is designed for young adults ages 17-22 who can fully and positively participate in 1:1 and group conversations, but who may have one or more challenges with social communication such as social shyness, mild lack of social awareness, or similar issues.

Club Engaged is our new social offering designed specifically for older teens/young adults who are looking for more meaningful ways to connect, have fun, and develop social reciprocity with their peers. This is a rolling group, meaning that individuals join for a three-month session. After the end of each three month session, members can rejoin for another three months, or take a break. This commitment is important to the group process, and helps individuals build trust, confidence in themselves, and develop deeper peer relationships.

Club Engage Group Methodology

- ❖ **Group Formation** – Part of the strength of group work is the group itself. Adolescents are highly susceptible to peer pressure, and groups play on this dynamic in a positive way – by creating affiliation, connection, and commitment to others.
- ❖ **Checking In** – Each session, each member will have an opportunity to confidentially check in with the other group members, sharing information about both the highs and the lows in his/her week. Other members will be encouraged to reflect back the emotions, but not to problem solve. In this way, the group encourages listening, honesty, confidentiality, empathy, and compassion.
- ❖ **Social Activity** – Each session, the group will participate in a different social activity, such as:
 - Going out to dinner
 - Going to a cultural event
 - Playing board games
 - Volunteering/community service
 - Hiking/outdoor activity
 - Seasonal events

- ❖ **Engagement** – At the end of each session, members will be given the task to contact another member in the group. This could be ‘friending’ someone on Facebook, texting each other about cheats on a video game or going out to see a movie together. Dyads are rotated each session, and individuals will be encouraged to discover more about the other person during their paired turn. The purpose of this exercise is to stretch social skills with a variety of people, and to discover and develop the different types of connection we may have with other people.

Dates and Registration for *Club Engaged*

Potential members are encouraged to attend the ‘pre-meeting’ to decide if this group is a good fit. Attendance is not mandatory, but recommended.

- September 10 – Pre-Meeting, 7 pm EvoLibri

Regular meetings (note that ‘makeups’ will not be available):

- Friday September 24, 7 pm
- Friday October 8, 7 pm
- Saturday October 16, 10 am
- Friday October 22, 7 pm
- Saturday October 30, 10 am
- Saturday November 12, 10 am

Registration: All registration materials and prepayment must be received at EvoLibri no later than September 15th to secure enrollment – registration is first come, first served.

Where: All sessions meet and disband @ EvoLibri

Cost: \$500 for 6 sessions, includes the cost of events and transportation; *scholarships available based on financial need – please inquire.*

Max Enrollment: 10

Student’s Name:		Age:	Email:
Address:		Diagnosis/Needs:	
Phone:	Cell phone:		
Mother’s Name:	Ph:	Restrictions/Limitations/Allergies:	
Father’s Name:	Ph:		
<input type="checkbox"/> Check (made payable to EvoLibri)			
<input type="checkbox"/> Visa/MC Card Number: _____		Exp Date: _____	
Name on Card: _____		Zip Code: _____	

Please return to EvoLibri, 111 W. Evelyn Ave, Ste. 119, Sunnyvale, CA 94086